



DALLAS SOCIETY FOR PSYCHOANALYTIC PSYCHOLOGY
www.dspp.com

2011-2012 DSPP Program Year Introduction

Impasse in Psychotherapy and Psychoanalysis

Freud (1915) described the curious nature by which the unconscious of one person can, “react upon that of another” without the engagement of conscious awareness. This year we will examine the ways in which patient and therapist often unconsciously “react upon” one another in the co-creation of resistance and impasse in the therapeutic process. Particular emphasis will be given to the therapist’s contributions to impasse in the work with patients. We will begin the year with our Fall Workshop and distinguished psychoanalyst Judy Kantrowitz, who has written extensively on the subject of impasse. Kantrowitz (1993) states impasses arise

“when a patient sees the analyst or therapist as having confirmed a preexisting belief that is central to, and possibly the basis of, the patient’s primary conflict.”

Perhaps the term impasse is most often linked with instances of clear stalemate or rupture in the treatment, which may be relatively brief and resolvable, or which may lead to failure and termination of the treatment. There are also more subtle examples of impasse which occur outside of our awareness. In these instances, it may seem that the therapy is progressing when in fact little to no progress is occurring. Often the therapist/analyst colludes with the patient in developing and sustaining the roadblock. Judy Kantrowitz (1993) emphasizes that from the perspective of the therapist, impasse may occur when

“...he or she is unable to understand what the patient is trying to communicate. Such a failure of understanding may be due to a limitation in theoretical or clinical knowledge of technique. A third possibility is that the failure stems from some psychological difficulty which resonates with the patient’s problems causing a transference-countertransference bind.”

Jody Davies (2004) demonstrates that painful moments of impasse may simultaneously be experienced as opportunities for “profound mutuality and engagement”. Furthermore, she examines the difficulties of tolerating and working through intense, negative countertransference reactions, and the ways that failing to do so can interfere with progression of the therapy. Davies (2004) explores

“how the evocation of intensely shame-riddled bad self representations in both the patient and the analyst can perpetuate a need to provoke, find, and sustain the badness clearly in the psychic domain of the other, blocking entry into certain necessary therapeutic enactments that may therefore fail to occur (p. 711).”

Throughout the year, the topic of impasse will be explored from a multitude of perspectives. We will strive to understand how we manage these roadblocks when they occur, as well as the consequences if we fail to do so. We will examine impasse in the work with adults with sexual disturbances, adolescents, children and families in the context of adoption, those with severe characterological dysfunction, and within the treatment team and milieu of an inpatient program.

We will conclude our year with our Spring Workshop and distinguished psychoanalyst and author, Jane Hall, LCSW, who will seek to reframe our views of impasse as moments of profound opportunity within the therapeutic relationship.

DSPP President – Noelle McDonald, Ph.D.

2011-2012 PROGRAM YEAR – Overview**

Impasse in Psychotherapy and Psychoanalysis

September 17, 2011

Saturday 8:30am – 4pm

Fall Workshop: Judy Kantrowitz, Ph.D.

Obstacles to Love

Training and Supervising Psychoanalyst, Faculty, Boston Psychoanalytic Society and Institute; Associate Clinical Professor, Harvard Medical School

Dr. Kantrowitz will focus on two different characterological patterns that interfere with the development and maintenance of intimacy. When affect intensity is managed by either freezing or flooding, the relationship to others is adversely affected. How the analyst understands and reacts to these ways of engaging will depend on his or her own characterological ways of dealing with affect and the underlying conflicts. Two clinical illustrations will be provided.

Case Presentation: Alison Ligocki, Ph.D.

Kantrowitz, J. L. (1997). A different view of the therapeutic process: the impact of the patient on the analyst. *Journal of the American Psychoanalytic Association, 45* (1), 127-153.

Kantrowitz, J. L. (1999). Pathways to self-knowledge: self-analysis, mutual supervision, and other shared communications. *International Journal of Psychoanalysis, 80*, 111-132.

Kantrowitz, J. L. (1999). The role of the preconscious in psychoanalysis. *Journal of the American Psychoanalytic Association, 47*, 65-89.

October 19, 2011

Wednesday 7 – 9pm

Countertransference and Therapeutic Engagement: *Living Through the Feelings that We Must Bear*

Fred Griffin, M.D.

November 16, 2011

Wednesday 7 – 9pm

Stop in the Name of Love: Impasses in Our Work with the Sexually Troubled

Gerald Melchiodi, M.D.

Freud, S. (1937). *Analysis Terminable and Interminable*. In The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XXIII (1937-1939): Moses and Monotheism, An Outline of Psychoanalysis and Other Works, 209-254.

January 18, 2012

Wednesday 7 – 9pm

Impasse with an Adolescent Patient: Preserving the Relationship While Confronting Resistance

Skye Moffitt, Ph.D.

Hall, J. (2004). *Transference: Its Ubiquity and Utility*. In Roadblocks on the Journey of Psychotherapy, New York: Jason Aronson, 9-42.

Perl, E. (2008). *Repetition as a Path to a New Experience*. In Psychotherapy with Adolescent Girls and Young Women: Fostering Autonomy through Attachment. New York: Guilford

February 8, 2012

Wednesday 7 – 9pm

Growing Nowhere Fast: Ambivalence, Impasse and Lullaby Songs

Carla Pulliam, Ph.D. and Mark Pulliam

Brinich, P.M. (1995). Psychoanalytic Perspectives on Adoption and Ambivalence. *Psychoanalytic Psychology*, 12, 181-199

Lanyado, M. (2003). The Emotional Tasks of Moving from Fostering to Adoption: Transitions, Attachment, Separation and Loss. *Clinical Child Psychology and Psychiatry*, 8 (3), 337-349.

March 21, 2012

Wednesday 7 – 9pm

When Losing your Way Becomes the Treatment: Impasses and Potential Therapeutic Progress

Michael Groat, PhD; Assistant Professor of Psychiatry and Behavioral Sciences, Baylor College of Medicine; Director, Professionals in Crisis Program, The Menninger Clinic

Clinicians routinely work with difficult to treat patients where gains are made slowly, or worse, apparent impasses are reached. Feelings of frustration with the patient, self-blame, guilt, shame and a sense of therapeutic failure can make it difficult to find a way forward. Such scenarios can occur with individual practitioners, as well as with treatment teams in clinics, outpatient programs, or inpatient units. Examining one such experience from a long-term inpatient unit, this presentation and discussion will examine the factors that helped resolve an apparent impasse in the treatment of a man with prominent narcissistic and masochistic personality dynamics. Having powerfully enacted a repetition of his core conflicts with fellow patients and the treatment team, the inpatient unit staff realized that it was feeling held hostage by the patient's incessant demands and had lost its effectiveness. How the team found its way again, and the difficult process involved, will be the subject of discussion.

Ness, D. E., & Groat, M. (2011). How can we help masochistic inpatients not to sabotage psychiatric treatment before it even starts? *Journal of Psychiatric Practice*, 17 (2), 124-128.

April 21, 2012

Saturday 8:30 – 4pm

Spring Workshop*: Jane Hall, LCSW

Dancing in the Dark: Intuition as a Guiding Light

Training and Supervising Psychoanalyst at the New York Freudian Society; founder of The New York School for Psychotherapy

Labels such as negative therapeutic reaction or impasse (a deadlock with no anticipated progress) can box us in. Ms. Hall invites us to explore what makes the therapist resort to these labels. Using case material she will revisit the repetition compulsion and the attachment to abuse that often exhaust the dyad. Her premise is that benevolent curiosity, hopefulness, caritas, and patience are what keep us going. She will remind us that change, no matter how longed for, means loss: loss of early objects, reliable (though often crippling) defenses, and even one's sense of self. What often seem like impasses can be seen as calls for help to face powerful fears of separation. Although our work seeks to cast light we must also be comfortable dancing in the dark.

Case Presentation: To Be Announced

Levine, H. (2010). Creating analysts; creating analytic patients, *International Journal of Psychoanalysis*, 91, 1385-1404.

***The Spring Workshop is co-sponsored by DSPP, the Dallas Psychoanalytic Center, and the Dallas Society for Psychoanalytic Social Work.**

****For Detailed Program Description please go to www.dspp.com**

6 CMEs and CEUs provided for Fall and Spring Workshops, 3 CEU's for Ethics Workshop, 1.5 CEUs for Wednesday meetings.

PROGRAM SITES

All DSPP **Wednesday evening monthly mini-workshops** will be held at Pecan Creek Office Park, 8340 Meadow Road in Dallas. The Pecan Creek Office Park is near the intersection of Walnut Hill Lane and Greenville Avenue across from Presbyterian Hospital. Drinks and snacks will be served at 7pm, presentations begin at 7:30pm. The mini-workshops are free to members and students. Non-member professionals may attend for \$10 per workshop, payable on site. The fee includes CEUs, drinks & snacks.

The **Fall Workshop** will be held at Scottish Rite Hospital for Children auditorium, 2222 Welborn Street, Dallas, TX 75219. The **Spring Workshop** will be held at UT Southwestern Medical Center, Department of Psychiatry, 8th floor, room NC8.212. Maps for all program sites as well as updates will be available on the DSPP website at www.dspp.com.



The Dallas Society for Psychoanalytic Psychology (DSPP) is a local chapter of the Division of Psychoanalysis, Division 39 of the American Psychological Association. Founded in 1983, DSPP directs its efforts to exploring and promoting psychoanalytic theory and its applications as a basis for understanding human experience and for various forms of psychotherapy. DSPP members come from a number of mental health fields and include psychologists, psychoanalysts, social workers, physicians, licensed professional counselors, psychiatric nurses, and students. DSPP emphasizes the application of psychoanalytic theory to a variety of clinical settings. DSPP hosts a series of monthly presentations from September through April on psychoanalytic theory and its clinical applications. The Fall/Spring workshops feature some of the world's leading psychoanalytic or interdisciplinary theorists.

The **Arts Committee** sponsors a number of events at which members informally discuss and explore the psychoanalytic aspects of a wide variety of artistic endeavors (e.g., films, performing, visual and literary arts). **To support the Arts Committee with a tax deductible donation**, please go to www.dspp.com to make a donation online. Alternatively, send a separate check to Jennifer Unterberg, Ph.D. at 3131 Turtle Creek Blvd, Suite 1026, Dallas, Texas 75219 and please write 'dspp arts' on the memo line.

DSPP encourages all of its members to participate and contribute to the organization through an active committee structure, which currently includes the Arts Committee, the Community Relations Committee, the Continuing Education Committee, the Education Committee, the Membership Committee, and the Program Committee. For additional information on DSPP, its programs, committees and membership, as well as links to related organizations go to website at www.dspp.com. In sum, DSPP strives to be an intellectual "home" for those interested in exploring and developing psychoanalytic theory and practice in its broadest clinical and interdisciplinary applications.

Postgraduate Program in Psychoanalytic Psychotherapy

This year DSPP will also continue its collaboration with the Dallas Psychoanalytic Center, the Dallas Society for Psychoanalytic Social Work, and UT Southwestern Medical Center, Division of Psychology, in offering an upcoming Two-Year Adult Psychoanalytic Psychotherapy Program with the option of a third year Child Program. This unique program offers seasoned practitioners and postgraduates from diverse disciplines and educational backgrounds the opportunity for further understanding and training in psychoanalytic psychotherapy. The opportunity to acquire broadened perspectives on psychoanalytic psychotherapy is enhanced through co-instruction by faculty drawn from various disciplines represented in the collaboration. Classes begin September 2011, and meet weekly on Tuesday evenings from 6:30pm—9:45 pm. Clinical supervision of individual psychotherapy cases and personal psychotherapy or psychoanalysis are strongly recommended for participants. Application forms for this program can be obtained by contacting Donna F. Tarver, LCSW at dftarver@sbcglobal.net. Tuition is \$800 per semester and a nonrefundable fee of \$50 is due with the application. Continuing Education credits are provided for psychologists and master level clinicians and a certificate is issued for successful completion of the program. For further information about this program contact Program Director Chris Heath, MD, at heath1492@sbcglobal.net.

REGISTRATION FOR DSPP MEMBERSHIP AND WORKSHOPS 2010-2011

Name: _____ Phone:(O) _____ (H) _____ (FAX) _____

Mailing Address: _____

E-Mail: _____ Website: _____

School: _____ Highest Degree: _____ Year: _____

Program: _____ Licensed/Certified as: _____

Practice Specialty: _____ APA Member? Yes No Division 39 Member? Yes No

MEMBERSHIP:

Full Licensed or certified mental health professionals at a Master's degree level or above, and/or APA member

Associate Psychiatric residents, post-doctoral fellows and others not meeting criteria for full membership

Student Non-licensed individuals enrolled in related field of study

Do you want your contact and address information listed in the DSPP Print Directory? Yes No

Do you want your contact and address information listed in the DSPP Web Directory? Yes No

Note: Home phone numbers and addresses are not included in the DSPP Web Directory unless requested.

PLEASE INDICATE DSPP COMMITTEE INTEREST: Committee information available at www.dspp.com

Arts _____

Community Relations _____

Continuing Education _____

Education _____

Membership _____

Program _____

Instructions:

- 1) Circle each applicable fee in the column corresponding to your level of membership.
- 2) Take 10% discount if mailing on or before **September 10, 2011**; indicate total on bottom line.
- 3) To register on-line and pay with a credit card, go to www.dspp.com
- 4) Return this page with your check payable to "DSPP" to:

Jennifer Unterberg, Ph.D., DSPP Membership Chair
3131 Turtle Creek Blvd, Suite 1026
Dallas, Texas 75219

Membership	Full Member	Associate Member	Student Member	Non-Member
Yearly Dues	\$110.00	\$70.00	\$40.00**	N/A
Program Readings	20.00	20.00	20.00	20.00
Fall Workshop* ~ September 17th, 2011	125.00	100.00	35.00	150.00
Spring Workshop+* ~ April 21st, 2012	125.00	100.00	35.00	150.00
Subtotal	\$ _____	\$ _____	\$ _____	\$ _____
Minus 10% if mailed by 9/10/2011	\$ _____	\$ _____	\$ _____	\$ _____
Tax deductible donation to DSPP Arts Committee ***	\$ _____	\$ _____	\$ _____	\$ _____
Total enclosed	\$ _____	\$ _____	\$ _____	\$ _____

Note: Non-clinicians (e.g. teachers) who do not need CEUs can attend for \$75.00

+ The Spring Workshop is co-sponsored by DSPP, the Dallas Psychoanalytic Center, and the Dallas Society for Psychoanalytic Social Work.

* Lunch included with workshop fees

** Student membership dues may be waived in lieu of volunteer work on a DSPP committee; however, students are still requested to complete a registration form.

*** Please include a **separate check** with memo line completed 'dspp arts'.



Dallas Society for Psychoanalytic Psychology
DSPP Membership Chair
Jennifer Unterberg, Ph.D.
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DSPP
2011-2012 PROGRAM YEAR
AND
MEMBERSHIP REGISTRATION