



2009-2010 DSPP Program Year Introduction

Among Freud's earliest writings were those centered on the techniques of psychoanalysis. These included such "ordinary advisements" as the setting of fees to the arrangement of the analytic setting. Perhaps the earliest clinical technique was simply the directive to the patient to "say what comes to mind". Free association remains the cornerstone of analytic methods but in the past hundred years the evolution of psychoanalysis has produced a diversity of techniques shaped by varying theoretical perspectives, clinical populations, and individual practitioners.

The practice of our profession rests on a foundation of theory. It may ground our understanding but eventually it must be converted into action. Ultimately, our clinical practice comes down to what we do: what we say, how we say it and when we say it. Our practice occurs in the extemporaneous moment. These moments are difficult to capture but they constitute the essence of our work. Our objective for this program year is to explore some of the diversity in clinical techniques as well as the structure that supports those clinical moments that change lives.

We begin with some reflections from Jerry Melchioide on the ways in which psychoanalytic technique has evolved in recent years with an emphasis on his own methods of practice. We then turn to our invited speaker, Fred Busch, MD, who has written extensively on clinical technique and is the author of two influential books: *The Ego as the Center of Clinical Technique* and *Rethinking Clinical Technique*. In this workshop, Dr. Busch will emphasize the "process" nature of our clinical knowledge and what guides his thinking into action.

Clinical technique develops through study, practice and supervision. In November, Joan Berger, Ph.D. will demonstrate a "live" supervision process followed by group reflection and discussion. The goal will be to provide a glimpse into our clinical practices and what shapes our choices in the moment.

Marital therapy offers unique challenges to the clinician. To work with often conflicting and competing agendas requires a degree of neutrality that is difficult to maintain and yet essential to effective treatment. In January, a panel consisting of Beverly Bonnheim, LCSW, Wendy Palmer, LCSW, Jennifer Unterberg, Ph.D., and Carla Pulliam, Ph.D., will explore a variety of issues and considerations relevant to the practice of couples therapy.

In contemporary techniques of psychotherapy, time constraints and affordability have gained increasing importance. Thus short-term therapies are often the rule of the day. Interestingly, Freud himself has provided some rich clinical case material, demonstrating how quick, on-the-go therapeutic interventions can be quite effective, even if they take place at most unsuspected moments in the most unlikely places. To give us a sampling of such a case, Scott Churchill, Ph.D., will present and critique Freud's "Single Session Treatment of Katharina" for our February program.

Having explored a variety of clinical methods and techniques representing a number of approaches, Angelica Tratter, Ph.D., and Neil Ravella, Ph.D. will offer some integrative commentaries on this year's program theme and discuss how technique shapes their work.

Lastly, Larry Thornton, MD will close the program year with his reflections on a case of individual analytic treatment as source material for our final exploration and discussion of clinical technique.



2009-2010 PROGRAM YEAR - Overview

Clinical Technique: The Nuts and Bolts of Treatment

September 16, 2009

Wednesday 7 - 9pm

Evolving Views on Psychoanalytic Technique

Gerald Melchiode, MD

Reading: Fred Busch, Cordelia Schmidt-Hellerau: How Can We Know What We Need to Know? Reflections on Clinical Judgment Formation.

October 10, 2009

Saturday 8:30am – 4pm

“Creating a Psychoanalytic Mind”: Psychoanalytic Knowledge as a Process, Fall Workshop with Fred Busch, MD

Training and Supervising Analyst at Psychoanalytic Institute of New England, East, Needham, Massachusetts

Readings: Fred Busch: ‘I Noticed’: The emergence of self-observation in relationship to pathological attractor sites; and ‘Can you push a camel through the eye of a needle?’, Reflections on how the unconscious speaks to us and its clinical implications.

November 18, 2009

Wednesday 7 – 9pm

Techniques of Clinical Supervision: A Demonstration

Joan Berger, Ph.D.

Reading: Daniel Jacobs, Paul David, Donald Jay Meyer: The Supervisory Encounter

January 20, 2010

Wednesday 7 – 9pm

Techniques of Marital Therapy

Panel: Beverly Bonnheim, LCSW, Wendy Palmer, LCSW, Jennifer Unterberg, Ph.D., Carla Pulliam, Ph.D.

Reading: Paul Wachtel: Reframing, Relabeling, and Paradox, and Elen F. Wachtel, Postscript: Therapeutic Communication with Couples

February 17, 2010

Wednesday 7 – 9pm

Taking Therapy into the Hills: Freud’s Single Session Treatment of Katharina

Discussant: Scott Churchill, Ph.D.

March 17, 2010

Wednesday 7 – 9pm

Some Reflections on Clinical Technique

Discussants: Angelica Tratter, Ph.D., and Neil F. Ravella, Ph.D.

April 21, 2010

Wednesday 7 – 9pm

Individual Analytic Technique

Presenter: Larry Thornton, MD

Postgraduate Program in Psychoanalytic Psychotherapy

This year DSPP will also continue its collaboration with the Dallas Psychoanalytic Center, the Dallas Society for Psychoanalytic Social Work, and UT Southwestern Medical Center, Division of Psychology, in offering an upcoming Two-Year Adult Psychoanalytic Psychotherapy Program with the option of a third year Child Program. This unique program offers seasoned practitioners and postgraduates from diverse disciplines and educational backgrounds the opportunity for further understanding and training in psychoanalytic psychotherapy. The opportunity to acquire broadened perspectives on psychoanalytic psychotherapy is enhanced through co-instruction by faculty drawn from various disciplines represented in the collaboration. Classes begin September 15, 2009, and meet weekly on Tuesday evenings from 6:30pm—9:45 pm. Clinical supervision of individual psychotherapy cases and personal psychotherapy or psychoanalysis are strongly recommended for participants. Application forms for this program can be obtained by contacting Tricia Oman at 214-648-7486 or Patricia.Oman@UTSouthwestern.edu. Tuition is \$800 per semester and a nonrefundable fee of \$50 is due with the application. Note: the application deadline is August 15, 2009, unless classes fill sooner. Continuing Education credits are provided for psychologists and master level clinicians and a certificate is issued for successful completion of the program. For further information about this program contact Program Director Donna F. Tarver, LCSW at 214.691.2171 or dftarver@sbcglobal.net



ABOUT DSPP

The Dallas Society for Psychoanalytic Psychology (DSPP) is a local chapter of the Division of Psychoanalysis, Division 39 of the American Psychological Association. Founded in 1983, DSPP directs its efforts to exploring and promoting psychoanalytic theory and its applications as a basis for understanding human experience and for various forms of psychotherapy. DSPP members come from a number of mental health fields and include psychologists, psychoanalysts, social workers, physicians, licensed professional counselors, psychiatric nurses, and students. DSPP emphasizes the application of psychoanalytic theory to a variety of clinical settings. DSPP hosts a series of monthly presentations from September through April on psychoanalytic theory and its clinical applications. The Spring/Fall workshops feature some of the world's leading psychoanalytic or interdisciplinary theorists.

The **Arts Committee** sponsors a number of events at which members informally discuss and explore the psychoanalytic aspects of a wide variety of artistic endeavors (e.g., films, performing, visual and literary arts). This year's program will include:

DSPP encourages all its members to participate and contribute to the organization through an active committee structure, which currently includes the Arts Committee, the Community Relations Committee, the Continuing Education Committee, the Education Committee, the Membership Committee, and the Program Committee. For additional information on DSPP, its programs, committees and membership, as well as links to related organizations go to website at www.dspp.com. In sum, DSPP strives to be an intellectual "home" for those interested in exploring and developing psychoanalytic theory and practice in its broadest clinical and interdisciplinary applications.

PROGRAM SITES

All DSPP **Wednesday evening monthly mini-workshops** will be held at Pecan Creek Office Park, 8340 Meadow Road in Dallas. The Pecan Creek Office Park is near the intersection of Walnut Hill Lane and Greenville Avenue across from Presbyterian Hospital. Drinks and snacks will be served at 7pm, presentations begin at 7:30pm. The mini-workshops are free to members and students. Non-member professionals may attend for \$10 per workshop, payable on site. The fee includes CEUs, drinks & snacks.

The **Fall Workshop** will be held at UT Southwestern Medical Center, Department of Psychiatry. Maps for all program sites as well as updates will be available on the DSPP website at www.dspp.com.

DSPP President – *Neil F. Ravella, Ph.D.*

REGISTRATION FOR DSPP MEMBERSHIP AND WORKSHOPS 2009-2010

Name: _____ Phone:(O) _____ (H) _____ (FAX) _____

Mailing Address: _____

E-Mail: _____ Website: _____

School: _____ Highest Degree: _____ Year: _____

Program: _____ Licensed/Certified as: _____

Practice Specialty: _____ APA Member? Yes No Division 39 Member? Yes No

MEMBERSHIP:

Full Licensed or certified mental health professionals at a Master's degree level or above, and/or APA member

Associate Psychiatric residents, post-doctoral fellows and others not meeting criteria for full membership

Student Non-licensed individuals enrolled in related field of study

Do you want your contact and address information listed in the DSPP Print Directory? Yes No

Do you want your contact and address information listed in the DSPP Web Directory? Yes No

Note: Payment of dues must be made by **September 22** to be listed in the Print Directory.

Home phone numbers and addresses are not included in the DSPP Web Directory unless requested.

PLEASE INDICATE DSPP COMMITTEE INTEREST: Committee information available at www.dspp.com

Arts	_____	Education	_____	<i>DSPP Bulletin</i>	_____
Community Relations	_____	Membership	_____		
Continuing Education	_____	Program	_____		

Instructions:

- 1) Circle each applicable fee in the column corresponding to your level of membership.
- 2) Take 10% discount if mailing on or before **September 11, 2009**; indicate total on bottom line.
- 3) Return this page with your check payable to "DSPP" to:

Jennifer Unterberg, Ph.D., DSPP Membership Chair
3131 Turtle Creek Blvd, Suite 1026
Dallas, Texas 75219

Membership	Full Member	Associate Member	Student Member	Non-member
Yearly Dues	\$100.00	\$60.00	\$30.00**	N/A
Program Readings	20.00	20.00	20.00	20.00
Fall Workshop* ~ October 10th, 2009	100.00	80.00	35.00	120.00
Subtotal	\$ _____	\$ _____	\$ _____	\$ _____
Minus 10% if mailed by 9/11/09	\$ _____	\$ _____	\$ _____	\$ _____
Tax deductible donation to DSPP Arts Committee ***	\$ _____	\$ _____	\$ _____	\$ _____
Total enclosed	\$ _____	\$ _____	\$ _____	\$ _____

Note: Fall Workshop on-site registration \$125. Non-clinicians (e.g. teachers) who do not need CEUs can attend for \$50.

* Lunch included with workshop fees

** Student membership dues may be waived in lieu of volunteer work on a DSPP committee; however, students are still requested to complete a registration form.

*** Please include a **separate check** with memo line completed 'dspp arts'.



Dallas Society for Psychoanalytic Psychology
DSPP Membership Committee
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DSPP
2007-2008 PROGRAM YEAR
AND
MEMBERSHIP REGISTRATION